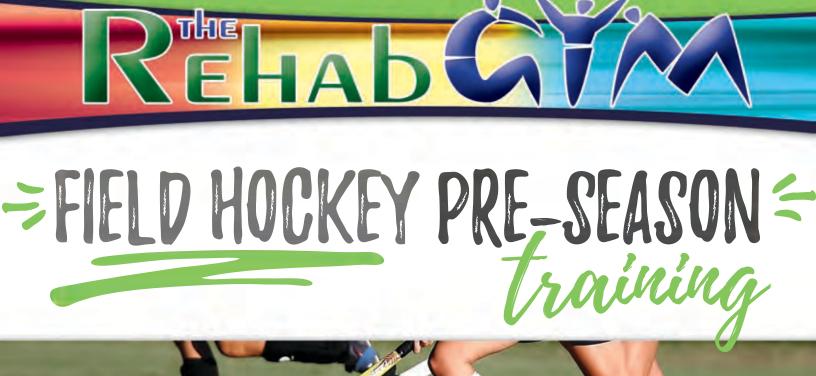
🌄 PHYSICAL THERAPY 🚱 ATHLETIC TRAINING 🗞 GYM MEMBERSHIPS 🐸 GROUP CLASSES



-> STICK SKILLS -> CONDITIONING -> STRENGTH TRAINING

TUESDAYS & FRIDAYS FROM 8:00 - 9:30 AM AT THE CYUHS FIELD HOCKEY FIELD

SESSION I (two weeks starting JUNE 19): \$100 SESSION II (four weeks starting JULY 17): \$150 ATTEND BOTH SESSSIONS (six weeks) FOR \$225

Cost includes strength band, foam roller, and t-shirt, as well as membership to the RehabGYM facility during the weeks in session.

FOR MORE INFORMATION, CONTACT SUE.DODGE@REHABGYM.COM